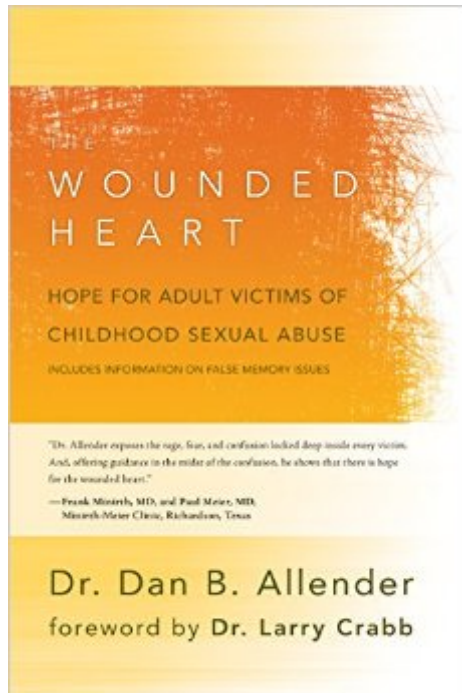


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# The Wounded Heart: Hope For Adult Victims Of Childhood Sexual Abuse



## Synopsis

Sexual abuse knows no religious or social boundaries. *The Wounded Heart* is an intensely personal and specific look at this form of abuse. Dr. Allender explores the secret lament of the soul damaged by sexual abuse and lays hold of the hope buried there by the One whose unstained image we all bear. Includes information about false memory issues.

## Book Information

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Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (207 customer reviews)

Best Sellers Rank: #22,329 in Books (See Top 100 in Books) #13 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Mental Illness](#) #17 in [Books > Christian Books & Bibles > Ministry & Evangelism > Counseling & Recovery](#) #33 in [Books > Health, Fitness & Dieting > Mental Health > Depression](#)

## Customer Reviews

"The Wounded Heart" is a love letter beneficial to any person suffering from victimization, although it is specifically written to the victims of sexual abuse. Written in captivating and empathetic style by Dr. Dan B. Allender, (M. Div. and Ph.D. in Counseling Psychology) it must be put down regularly in order to take in small doses the healing offered therein. Not content to simply ruminate on the past, this book deals with the current relationships in the life of the abused, most particularly, what Dr. Allender calls the "Abuser Surrogate" because the cycle so often repeats itself throughout the lives of victims because of the repercussions of abuse. He has words for the victim as well as to the "surrogate" who may be very abusive him/herself or may just need encouragement in helping the relationship recover from the effects of abuse. Of all the "interventions" I have known and experienced, "The Wounded Heart" is the most genuinely insightful of them all. Free of pop psychology and psychobabble, it delves into the reality of the victim. This resource sheds forgiveness, hope and encouragement abroad in the heartsick soul. It encourages the heart to dare to dream of a time when life will no longer be ruled by a reactionary lifestyle. It emboldens the heart

to dare to hope, to dare to trust, and to dare to leave behind contempt for itself and contempt for others. Such aspirations are lost in an earlier lifetime for most victims of sexual abuse. They are often encouraged to think that the route to healing is as simple as "forgiving yourself" and remembering where to place the blame. However, this self-forgiveness often comes across as a blanket statement that nothing one can do after victimization is really blameworthy. At first taste, the idea is sweet in the mouth.

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